

NELSON MANDELA
UNIVERSITY

INTERNATIONAL
SHORT LEARNING PROGRAMME
IN SOUTH AFRICA



African Traditional Healing Systems and Green Medicine

Gain insight into South Africa's "Green Medicine" revolution from an ethnographic and pharmaceutical perspective by examining the mystical African psyche through ancestral practices and the application of "natural" remedies to meet present day needs.

Credit Value

Valued at 3 USA credits or 6 ECTS credits

for more information and programme cost, visit:

SummerSchoolSouthAfrica.com

The "Green Medicine" revolution is vibrant in South Africa with its plant diversity and vast array of indigenous medicinal plants and traditional practices. The African Traditional Healer portrays the mystical African psyche through ancestral practices and the application of "natural" remedies to meet present day needs more especially of primary health care in a cultural setting.

The challenges faced in the postmodern world with its quest for a scientific or pseudo-scientific empirical understanding of the mysticism in which African Traditional Healers and their medicines are enshrouded, present several fascinating facets to the art of traditional medicine in the 21st century.

Programme Presentation

Within the South African context, different cultures with different beliefs in healing and medicinal practices and a society influenced by western cultures because of its history will be explored in this programme. The programme will engage the post-colonial medicine and healing environment within South Africa.

The presentation of the programme is based on a highly interactive mode of delivery. Opportunity will be given for discussion and debate. Lectures will be supplemented with team work, the use of multi-media, and strategic visits that will afford students an opportunity to engage with the content in a practical way. Incorporated in the programme are also visits that will immerse students into South Africa's rich cultural and wildlife heritage.

On completion of this programme students will:

- Historical influence on health care system and the health status of its diverse population.
- Indigenous Knowledge System (IKS) and its traditional beliefs, customs and practices in healthcare.
- The challenging potential for developing an Integrative Health Care system amidst the prevailing legislative landscape.
- "Green Medicine" revolution from bush to modern day phytopharmaceuticals and research endeavors toward the development of safe and effective medicines of acceptable quality standards, fit for public consumption.

Where is Nelson Mandela Bay?

Port Elizabeth - Nelson Mandela Bay is the beautiful coastal city where the Nelson Mandela University is located.



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